

Dear Store Manager,
 Do you know about Avena Foods' Only Oats products? They are safe for a celiac diet, convenient and tasty! I would like to be able to buy them at your store.

Pure Whole Grain Oats

Pure whole grain oats are naturally healthy for all and safe for those on a Celiac diet and those who have wheat allergies. Unlike other commercial oats, Only Oats are not contaminated by other grains containing gluten. Served as a hot breakfast cereal they add a nutritional punch that will make your day. Used as an ingredient, Only Oats bake up like a charm. With so many choices it's the perfect ingredient for healthy living.

Wheat Free
Healthy for Life
Safe for the Celiac Diet

Tired of hockey puck muffins, brick loaves and cardboard toast? Only Oats offers the solution with convenient, delicious baking mixes. Pure oat ingredients combined with guaranteed gluten-free ingredients make all the difference! Now those with Celiac Disease and wheat allergies can enjoy fibre, great taste and texture with all the benefits of whole grain oats. Only Oats-Only the Best!

Whole Grain Only Oats™	Size	UPC
Pure Whole Grain Oat Flour	*1 kg	663780100041
Pure Whole Grain Oat Flour	20 kg	663780100447
Quick Oat Flakes	*1 kg	663780100034
Quick Oat Flakes	20 kg	663780100331
Pure Whole Grain Rolled Oats	*1 kg	663780100027
Pure Whole Grain Rolled Oats	20 kg	663780100225
Pure Whole Grain Steel Cut Oats	*1 kg	663780100010
Pure Whole Grain Steel Cut Oats	20 kg	663780100119
Baking Mixes	Size	UPC
Decadent Chocolate Muffin Mix	*1 kg	663780100072
Whole Oat Pancake Mix	*1 kg	663780100096
Grandma's Oatmeal Cookie Mix	*1 kg	663780100089
Cinnamon Spice Muffin Mix	*1 kg	663780100065

*6 bags per case

Guaranteed Pure Natural Oats

- Laboratory testing shows gluten levels at less than 10 ppm
- Cholesterol and trans fat free
- Low in saturated fat
- All natural ingredients
- No additives or preservatives
- High source of fibre
- Free of major allergens

onlyoats™
 Processed by:

AVENA
 FOODS

You can order Only Oats products by emailing: info@avenafoods.com or phoning: 1-866-461-FOOD (3663). For more information: www.onlyoats.ca

Regina, SK
www.onlyoats.ca

My Name: _____
 My phone #: _____